

# STORYLINES

THE INSIDE STORY: HIGHLIGHTING THE LIFESAVING WORK BEING DONE BY CATSKILLS HATZALAH



TIMELESS  
SAVING

PAGE 8

שבת קודש פרשת  
**מטו"מ**  
כ"ח תמוז תשע"ג  
JULY 6, 2013

**שבת הצלה**  
זומער קאמפיין תשע"ג

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# HELP US WRITE THE REST OF THE STORY

Dear Friend,

Those of you familiar with the lifesaving work of Catskills Hatzalah know that every medical emergency we responded to this past summer had a breathtaking, heartwarming and fascinating story of its own.

But what you may not know is that the many happy endings of those tales didn't happen by chance. We've spent months in advance planning, delegating and organizing - so that the heroic volunteers of Catskills Hatzalah can be available at moment's notice to help you in your time of emergency.

To better serve the Catskills community, we've revamped our operations to boost response times, increase radio coverage and maximize overall efficiency. Here's how:

- **The construction of the new Catskills Hatzalah Garage** protects ambulances from the elements and houses important medical equipment
- An **integrated Emergency Crisis Center** housed inside the new garage allows us to better coordinate with other emergency agencies during catastrophic situations
- An internal **Radio Dispatch Center equipped with advanced technology** provides a wider coverage area for radio communications during emergencies
- The recent addition of **3 state-of-the-art ambulances** to the Catskills Hatzalah vehicle fleet allows for remarkably faster response times and better patient care

We've worked hard to get all of these impressive accomplishments finalized - but we can't complete the job alone. Catskills Hatzalah relies on the support of people like you who spend the summer months upstate.

Your assistance is needed to ensure that the story behind every emergency call has a happy ending. Feel free to peruse through this newsletter and see firsthand what some of this past year's amazingly true stories entailed.\*

And then help us write the next chapter by taking part in the Shabbos Hatzalah Emergency Campaign. So many precious lives are depending on Catskills Hatzalah... you can help us write the rest of the story.

Thank you for your generous support,

Rabbi Yehuda Frankel

Yidel Feig

Boruch Gips

Yomtov Malik

Rabbi Yitzchok Levine

Yankel Richter

Catskills Hatzalah Coordinators

\*Note: All names, locations and personal details provided in these true stories have been changed to protect the identity of those involved.



This drowning victim was brought back to life - see page 6 for the inside story

A little boy is alive today - see page 4 to learn how he almost didn't make it



Dedicated Hatzalah volunteers rescued this elderly man - see page 10 to read how

# ONE PICTURE'S WORTH A THOUSAND LIVES

A horrific car accident happened on a foggy night - see page 8 to find out why everybody got saved



הצלה ראטעוועט לעבנס:  
**ביטע העלפט אונז**  
אנצוגיין מיט די הייליגע ארבעט!

# SAVED: THE INSIDE STORY

A LITTLE BOY'S LIFE IS HANGING ON THE LINE.  
CAN HATZALAH'S CONNECTIONS REALLY SAVE THE DAY?



“  
**He grabbed his radio and quickly keyed in: "Catskill 57 responding, mobile from down the road!"**  
”

**It was a pleasant Sunday afternoon at the Pineview Hotel in Woodbourne.** Guests leisurely strolled across the grassy grounds; children playfully ran after one another in the bright sunshine; and on the far end of the parking lot, the Katz family set up their portable grill to enjoy a hearty barbeque lunch.

The Katz children watched from a safe distance as the flames flickered and danced across the grill. The tantalizing aroma of sizzling frankfurters wafted through the air. Yaakov Katz smiled and gazed upward at the jagged mountain skyline. He planned to enjoy every single moment of this relaxing family activity.

Little did he know that the seemingly tranquil day was about to be rudely disrupted.

Three-year old Dovy happily bit into his lunch. He began chewing the frankfurter and swallowed eagerly. A bit too eagerly. The thick chunk of meat suddenly lodged in his throat. Dovy gasped. He coughed. He choked helplessly. And within seconds, he blacked out as the oxygen supply to his lungs diminished.

Yaakov turned around just in time to see his precious child turn blue in the face, feebly attempt to gurgle for help, and keel over onto the parking lot's hard asphalt surface. An avalanche of bewildering thoughts frantically raced through Yaakov's mind.

Pat his back and loosen the food! Maybe I should give him a few thrusts to the stomach? Or just breath right into his mouth. Try loosening his shirt collar! Do I remember hearing about something called a Heimlich Maneuver?

**But to a frenzied parent witnessing their child lying unconscious, nothing ever seems to make sense. So Yaakov did the next most sensible thing - he whipped out his cellphone and called Catskills Hatzalah.**

Asher Levy was standing at a gas station about a mile away, topping off up his trusty Honda Odyssey with a full tank, when the call came blaring over the emergency radio. "Any Catskills units available to respond to a call in Woodbourne for a child choking?"

He grabbed his radio and quickly keyed in: "Catskill 57 responding, mobile from down the road!"

As Asher started his ignition, fellow volunteer Michael Fischberg was already responding from the other side of town in a Catskills Hatzalah ambulance. By the time Asher peeled out of the parking lot and flipped on his siren, he was overtaken by yet another member, Leiby Beller, who sped right past him toward the Pineview Hotel.

Leiby was the first one to arrive on scene and found little Dovy Katz hanging limply in his father's trembling arms. After swiftly placing the lifeless child on the ground and trying to find some vital signs, the longtime Hatzalah volunteer shook his head worriedly.



### **There was no pulse to be found.**

While delivering a few sharp abdominal thrusts in an attempt to loosen the chunk of food blocking the boy's airway, he turned to Asher who just pulled up in his minivan and shouted, "We have a Code in progress, we'll need medics on a rush!"

Asher popped open his tailgate door and pulled out a heavy oxygen tank from inside. **Like a well-trained team, he began administering oxygen to the young patient while Leiby started doing CPR in an attempt to keep Dovy alive.** But they both knew that their courageous efforts alone wouldn't save the boy; the obstruction wedged deep in Dovy's throat needed to be removed immediately. The skills of a trained paramedic would be required.

As a seasoned paramedic, Naftali Weber had seen more than his share of choking victims. His mind was already racing about treatment he'd be implementing - all while driving to the call, monitoring the squawking radio, veering around traffic and handling the winding mountain roads.

Meanwhile, Michael Fischberg skidded into the parking lot noisily and jumped out of the ambulance to assist the crew. Naftali followed along with a bulky ALS (Advanced Life Support) bag slung over his shoulder and

kneeled next to the patient. Reaching into the bag, he pulled out a pediatric laryngoscope - a device used to obtain a view of the airway and create a pathway for oxygen - and gently inserted into the boy's narrow throat.

After determining that the airway was completely blocked, Naftali reached into his bag once more and pulled out a pair of Magill Forceps, a scissor-like contraption that requires special training to use. Slipping it into the boy's airway, he deftly maneuvered the tool and, without damaging the nearby vocal cords, carefully extracted a 2-inch thick wedge of bloated frankfurter.

Little Dovy gasped ever-so-slightly as oxygen began to enter his body once more. But he was still unresponsive. The danger was far from over. He needed immediate medical care from a hospital specializing in severe pediatric emergencies. And the closest such facility was Westchester Medical Center - over an hour's drive away.

Asher Levy spoke into the radio again. "C-Base, can we get a helicopter out here?" His plan was simple. Have a Medevac helicopter land in the parking lot and transport the patient to Westchester. But the stark reality was anything but simple.

**"Sorry," was the reply. "The closest helicopter is already on the way to another Hatzalah emergency in White Lake involving a possible head injury. The next available helicopter is about 30 minutes away."**

Asher frowned and pushed a few buttons on his cellphone. **Within seconds he was speaking with a senior 911 official to determine whether the helicopter could be contacted while in the air** and diverted to Woodbourne, as Dovy's medical situation appeared to be more serious. After hastily speaking over the radio with fellow Hatzalah paramedics at the White Lake emergency, it was confirmed that the helicopter would land in Woodbourne to pick up Dovy; the other patient was already stabilized and would wait for the next helicopter.

Thanks to the wide network of resources possessed by Catskills Hatzalah - and their ability to establish an open channel of communication with local 911 officials at a moment's notice - Dovy was transported to Westchester Medical Center, where he was admitted to the Pediatric ICU and received the timely medical care he needed to recover completely.

**As the famous saying goes: "It's not only about what you know, it's also about who you know." For little Dovy Katz, that phrase has become a living reality.**

# RESPONDING IN TIMES OF DANGER

A swimmer goes under while inside the pool... and Hatzalah needs to get there in time.



Everybody enjoys a good swim at the pool on a hot summer day. It can be invigorating. It can be relaxing. And sometimes, it can be downright dangerous.

At the Whitefield Bungalow Colony in Monticello, this point was brought home all too clearly last summer, when the lifeguard on duty noticed a teenage boy drifting listlessly at the very bottom of the Olympic-sized swimming pool.

"Quick, call Hatzalah!" he shouted to a bystander before diving in headfirst to rescue the drowning victim. The first Hatzalah responder to arrive sprinted into the pool area as the lifeguard and a few other swimmers were dragging the

unconscious teenager out of the pool.

The official Catskills Hatzalah audio recording and transcription saved on file are chilling to hear; the terse communication between the dispatcher and first emergency responders on scene reveal the true severity of the situation.

**Dispatcher:** Unit calling C-Base, what's your status?

**Responder A:** We have a drowning here, a confirmed code. CPR in progress on a sixteen-year old male with no pulse. Requesting backup units on a rush.

**Dispatcher:** [Long Beep] Any backup units for a Code with CPR in progress in the Monticello area? Any units for a bus?

**Responder B:**

Catskill 26 responding.

**Dispatcher:** Copy that Catskill 26, your location is the Whitefield Bungalow Colony. Will you be taking a bus or heading direct?

**Responder B:** Negative, I'll be heading direct.

**Dispatcher:** 10-4, put a rush on it and bring along your defibrillator. Any units for a bus, any medics available to respond direct to a Code-1 in Monticello with CPR in progress?

**Responder C:** Catskill 41 for the Monticello bus.

**Dispatcher:** Okay, Catskill 41 head directly to the bus. C-Base to the unit requesting, we've got backup units and an ambulance heading your way.

**Responder A:** [Sirens in background] Copy that C-Base, but I still need medics and ALS equipment on a rush. I've got a patient with no pulse and I need assistance now. Are they coming?

**Dispatcher:** That's affirmative. Any medics in Monticello to respond on a Code-1?

**Responder D:** C-Base, Catskill 68 is available to respond as ALS.

**Dispatcher:** We copy you. Please respond direct and bring your equipment. Do we have any backup medics in Monticello?

**Responder E:** Catskill 17 available to respond as an extended backup medic.

**Dispatcher:** Alright, Catskill 17 respond to the call and communicate with the units on scene when you arrive.

**Responder B:** Catskill 26 to C-Base on a priority.

**Dispatcher:** Go ahead Catskill 26, what's your message?

**Responder B:** C-Base, we just got a pulse. The medics are intubating the patient now and attempting to stabilize. Can we request a helicopter to transport?

**Dispatcher:** 10-4, standby and we'll notify you regarding the exact arrival time and landing zone momentarily.

While the sample dispatch log presented above offers but a small glimpse into the everyday happenings at Catskills Hatzalah, it doesn't quite convey the many behind-the-scenes elements that occur simultaneously.

As Catskills Hatzalah volunteers were fervently working to revive the drowning patient, a Hatzalah coordinator quickly located the victim's mother and delicately informed her of the distressing news. He then arranged for another volunteer to drive the anguished mother up to Westchester

Medical Center - over an hour's drive away - where she would meet up with her comatose son who was clinging to life in the Intensive Care Unit.

Concurrently, Hatzalah volunteers were immediately dispatched to inform the father about the painful news, as well as the patient's siblings, and coordinate their transportation directly to the hospital.

Finally, Catskills Hatzalah swiftly reached out to strategic contacts in other organizations to help the family adequately cope with an incident of this magnitude. By coordinating with respected entities such as Bikur Cholim, the family was able to receive expert medical direction from the region's most prominent physicians on which treatments would most benefit their son.

Thankfully, due in part to Hatzalah's lifesaving efforts, the patient came out of his coma one week later and made a full recovery, both physically and mentally. And most notably, his family was instilled with the strength to weather this most difficult ordeal.

In all, Catskills Hatzalah does more than just save individual lives... they sometimes save whole families, too.

“

**Quick, call Hatzalah!" he shouted to a bystander before diving in headfirst to rescue the drowning victim.**

”

## Speed is everything.

To guarantee a quick response, Catskills Hatzalah has **13 state-of-the-art rescue ambulances** stationed strategically in the following locales: Fallsburg; Woodridge; Swan Lake; Liberty; Livingston Manor; Monticello; White Lake; Loch Sheldrake; and Woodbourne.



# TIMELESS SAVING

**As nightfall arrives and the fog settles low, a horrific accident takes place. Will the victims survive?**

The accident took place on a rainy, foggy night on Route 17 West. It happened at approximately 3:37 A.M. A minivan filled with people skidded out of control on the slick road and slammed front-first into a tractor trailer. As providence would have it, a Catskills Hatzalah member returning from a previous emergency call came across the scene moments after it took place and radioed for help.

Within a few short minutes there were well over a dozen Hatzalah volunteers treating the seven patients strewn all over the wet highway. Some were injured, yet conscious. Some were semi-conscious. And some weren't conscious at all. These are their stories.



קעטסקילס הצלה  
דארף "אייר" האבן  
כדי "אייר" צו העלפן!



**YOSSI D., AGE 14**

**Location:** Middle Passenger-Side Seat  
**State:** Semi-Conscious/Multiple Lacerations  
**Treatment:** Stabilization/Bandaged/Oxygen  
**Transport:** To Westchester Medical Center  
**Outcome:** Full Recovery/Stitches/Released 2 Days Later

**CHAIM D., AGE 16**

**Location:** Rear Driver-Side Seat  
**State:** Conscious/Hypertensive  
**Treatment:** Stabilization/Oxygen  
**Transport:** To Catskill Regional Medical Center  
**Outcome:** Observation/Released 6 Hours Later

**MOSHE R., AGE 19**

**Location:** Rear Middle Seat  
**State:** Semi-Conscious/Lacerations/Severe Bleeding  
**Treatment:** Stabilization/Bandaged/Oxygen  
**Transport:** To Westchester Medical Center  
**Outcome:** Full Recovery/Released 3 Days Later

**PINNY O., AGE 21**

**Location:** Middle Driver-Side Seat  
**State:** Conscious/Lacerations/Severe Bleeding  
**Treatment:** Stabilization/Bandaged  
**Transport:** Catskill Regional Medical Center  
**Outcome:** Full Recovery/Stitches/Released 2 Days Later

**SHOLOM O., AGE 24**

**Location:** Rear Passenger-Side Seat  
**State:** Conscious  
**Treatment:** Stabilization/Oxygen  
**Transport:** To Orange Regional Medical Center  
**Outcome:** Observation/Released 4 Hours Later

**Boruch D., AGE 47**

**Location:** Front Passenger-Side Seat  
**State:** Unconscious/Lacerations/Abrasions  
**Treatment:** Stabilization/Bandaged/Oxygen/IV Insertion  
**Transport:** To Westchester Medical Center  
**Outcome:** Full Recovery/Stitches/Released 4 Days Later

**ISSAC R., AGE 54**

**Location:** Front Driver-Side Seat  
**State:** Unconscious/Lacerations/Suspected C2 Spinal Injury  
**Treatment:** Stabilization/Bandaged/Oxygen/IV Insertion  
**Transport:** To Westchester Medical Center  
**Outcome:** Full Recovery/Surgery/Neck Mobilization/Released 12 Days Later

THE AUTHENTIC LOG REPORT BELOW DEPICTS  
A VISUAL TIMELINE OF HOW CATSKILLS  
HATZALAH RESCUED AN ELDERLY MAN  
SUFFERING FROM ALZHEIMER'S DISEASE...  
JUST IN THE NICK OF TIME.



# TOUCHED BY A RESCUE

AN ELDERLY MAN GOES MISSING ONE  
HOT SUMMER DAY. THE RACE IS ON TO  
FIND HIM... BEFORE IT'S TOO LATE.

**0720 HOURS:** An emergency call is placed to Catskills Hatzalah that Shmuel Selinger, a 78-year old male diagnosed with Alzheimer's Disease - a serious ailment that causes forgetfulness - left his cottage in Woodridge to attend Mincha earlier in the day and never returned.

**0745 HOURS:** A group of Hatzalah volunteers set up a temporary command post in Woodridge, begin dividing the responders into search groups, and notified local police officials about the potentially perilous situation.

**0800 HOURS:** As the sky starts darkening, a specially trained Search & Rescue team made up of experienced Hatzalah volunteers armed with heavy-duty flashlights and reflective vests began combing the surrounding wooded areas in search of Shmuel Selinger.

**0845 HOURS:** The local police and fire departments join the search; they coordinate closely with Catskills Hatzalah to ensure every strip of uninhabited property in the vicinity is thoroughly checked for a sign of the lost man.

**1130 HOURS:** After scouring nearby areas for almost

three hours, the search intensifies and additional Catskills Hatzalah members are mobilized to join; the rescue operations are now being spread out to neighboring communities.

**1245 HOURS:** Although it's well past midnight, the temporary command post in Woodridge is buzzing with activity as Hatzalah coordinators use large maps to strategize with local officials to determine which area Shmuel Selinger is most likely to be found.

**0230 HOURS:** Realizing that this may prove to be an exceedingly drawn-out operation, the command post is relocated to Catskills Hatzalah Garage headquarters on Brickman Road in South Fallsburg, while the search teams actively continue their assignment in Woodridge.

**0415 HOURS:** Thanks to Catskills Hatzalah's integrated Emergency Crisis Center, members begin establishing communication with additional emergency personnel from the New York State Police, County Sheriff and Park rangers - all on their individual radio frequencies.

**0500 HOURS:** As the sun once again rises, the tired but determined rescuers sitting in the Catskills Hatzalah



## DID YOU KNOW?

Catskills Hatzalah's wide network of members respond to emergencies throughout upstate New York and are comprised of:

- EMTs
- Paramedics
- Dispatchers
- RNs
- RPAs
- MDs

Garage continue to get real-time updates on what's occurring, view detailed maps online, and attempt to streamline search operation to locate a very ill Shmuel Selinger before it's too late.

**0710 HOURS:** Armed with flyers bearing a photo of the missing man, Hatzalah volunteers begin visiting each neighboring colony, informing people of the severe situation and asking local residents to keep an eye out for him.

**0845 HOURS:** Working in tandem with the New York Forest Rangers, Catskills Hatzalah coordinators begin mapping out a meticulous grid to verify that every square mile in the search area was accurately covered by the search teams.

**1030 HOURS:** A local camp employee sees the flyer distributed by Hatzalah and decides to explore the nearby forest in search of the old man; as he nears a rocky

area along the camp outskirts, he sees a motionless person lying face down on the ground and runs back to the camp to relay this news.

**1045 HOURS:** Catskills Hatzalah receives the call that a person has been located at this camp and multiple units immediately rush to the scene; the difficult terrain forces them to trudge half a mile through untamed forest shrubbery to reach the victim who collapsed just a few feet away from a pond.

**1055 HOURS:** With then ambulance unable to access the scene, Hatzalah volunteer and emergency officials stabilize a very dehydrated, yet alive, Shmuel Selinger and physically carry him in a basket stretcher through the swampy, muddy terrain to safer ground.

**1100 HOURS:** As the rescue crew reaches the ambulance, spontaneous dancing

breaks out among the Hatzalah volunteers and they link hands with the many surprised fire and police officials standing nearby in an act of joyous celebration.

**1130 HOURS:** An overwhelmed Shmuel Selinger is transported to Catskill Regional Medical Center and treated for severe dehydration; the exhausted volunteers of Catskills Hatzalah wearily head back to their homes to get some well-deserved sleep... at least until the next emergency call comes crackling over the radio.

קעטסקילס הצלה  
זענען גרייט 24 שעה  
אז איר זאלט האבן  
א רואיגע זומער!



# THE MEMBER SPEAKS

**He dedicates the summer to answering your call. So why doesn't he want anything in return?**

"I've been a Catskills Hatzalah volunteer for nearly twenty years," says Menachem Holtz. "And whenever I look back at the early days of Catskills Hatzalah, it amazes me how much the organization has grown and how it responds to so many serious calls. **Not only during the busy summer season, but actually throughout the year.**"

Menachem is an insurance broker by trade. His neatly trimmed salt-and-pepper beard stand to contrast his youthful features and lively personality. Every summer his family relocates to their summer home in Loch Sheldrake, where Menachem sets up shop in

his "bungalow office" as he likes to call it and spends the day alternating between reviewing insurance paperwork and responding to medical emergencies in the vicinity.

"Things have definitely come a long way," he reminisces with a broad grin. "Back then, because we couldn't afford long-range antennas to broadcast the dispatches normally, listening to calls on the radio was sort of like hearing a radio station from some foreign country. The transmission was always very crackly and punctuated with lots of static. Deciphering what was being announced on the radio became something of an art. It was just

like playing broken telephone. But of course, it was no game. No way. A fellow human being's life was at stake."

Over the past two decades, Menachem witnessed many improvements throughout the inner workings of Catskills Hatzalah. A costly state-of-the-art radio dispatch system was installed, utilizing advanced wireless technology to provide a wider coverage area for receiving emergency radio communications.

**"Today, Catskills Hatzalah ensures the safety of over 300 colonies and summer camps spread across a radius of over 1,000 square miles,"** he continues. "As we steadily grew in both size and capabilities, first responders like myself faced another problem. We had no idea where some of these call were happening. I mean, realistically speaking, how can anybody be expected to know about every little country road and narrow side street?"

Catskills Hatzalah operates year-round in the Sullivan County region to benefit the families who permanently reside upstate, along with those who frequently spend weekends in their vacation homes - lodgings that haphazardly dot the sprawling Catskills topography. Menachem continues his recollection about what traveling to an emergency call entailed.

"Finding these way-out places was almost impossible," emphasizes Menachem. "To combat this problem, we created the Catskills Hatzalah Summer map, which was designed specifically to boost our emergency response times. And since then, none of us have ever gotten lost on a call again. Being that we're always looking for ways to speed up our response, we've also integrated this special map with modern GPS technology. So locating some obscure dirt road when you're on a Hatzalah call in the pitch-black darkness at 3 A.M. becomes much easier."

This past summer, Menachem and his fellow Catskills Hatzalah volunteers responded to more than 2,000 emergency calls – many of which would have ended tragically – if not for their quick response times, lifesaving medical equipment and 13 state-of-the-art ambulances strategically situated throughout the Catskill Mountains.

"We didn't always have a first-rate fleet of modern ambulances," notes Menachem. "I

remember responding to a call in our old 1986 Ford ambulance on a blistering summer day. To say that the air conditioning worked poorly is an understatement. I think it was hotter inside that ambulance than it was outside. And when it came to going up a steep hill? Forget about it! You needed to say a special Tefilas HaDerech that the transmission wouldn't blow before reaching the top. Thankfully, those days are over. **The new ambulances we have cost over \$170,000 each. Yes, it's a lot of money. But worth every penny.** The reality is, they've helped Catskills Hatzalah respond to calls faster, save countless lives and care for our patients better."

Although it took a tremendous chunk out of Catskills Hatzalah's annual budget, the construction of the new Catskills Hatzalah Garage in South Fallsburg significantly improved the organization's lifesaving services. With training areas that allow Menachem to stay updated on the latest advances in emergency medicine, an equipment storage area for him to stock up on lifesaving medical equipment, and large ambulance bays that protect the expensive ambulances from external elements by keeping them sheltered in the winter, Menachem is in a better position to help save lives.

**"As a Catskills Hatzalah volunteer, I don't expect any thanks or recognition for what I do,"** he concludes. "My job is just to help others in their time of crisis. But I can't do it alone. Without the generous support of the folks that we help, our lifesaving services would abruptly come to an end. All we need is for everybody who's spending their summer in the Catskills to contribute generously toward the cause. Given alone, it doesn't seem like much. But by joining together with your neighbors and friends, it'll spell the difference between life and death. And only you can help us make that difference."

“

**By joining together with your neighbors and friends, it'll spell the difference between life and death. And only you can help me make that difference."**

”

### **THAT'S A SUMMER FACT!**

This past summer alone Catskills Hatzalah responded to over 2,000 emergency calls involving numerous life-threatening situations including :

- Heart Attacks
- Drowning
- Car Accidents
- Diabetic Comas
- Respiratory Issues
- Abdominal Distress
- Cuts & Lacerations
- Broken Bones
- Fainting
- Seizures

# PARTNERS WITH HATZALAH

*Running an organization comes at a cost. Find out how you can help Catskills Hatzolah save lives.*

## **WE'RE MAKING A LIFESAVING DIFFERENCE. ARE YOU?**

While Catskills Hatzolah maintains a close affiliation with other Hatzolah organizations, the Catskills division remains independent and receives no financial support from any other Hatzolah organization or government agency - your direct support is what allows to operate.

## Medical Equipment

- Member trauma bags
- Gauze & bandages
- Sterile burn sheets
- Blood pressure kits
- Rigid extrication collars
- Oxygen resuscitation kits
- Portable suction packs
- Portable defibrillators

\$2,??????

## Emergency Dispatch System

- Antennae maintenance
- Broadcast equipment
- Computerized HCAD system
- Telephone technology
- Recording software
- Portable radios

\$2,??????

## Ambulance Fleet Maintenance

- Diesel gasoline
- Auto insurance
- Mechanical repairs
- Equipment upgrades
- Restocking supplies

\$2,??????

## Advanced Life Support (ALS) Equipment

- Portable ventilators
- EKG monitors
- Cardiac medications
- Diabetic medications
- Seizure medications
- Pain management medications
- First-line drugs
- Intubation kits
- IV kits

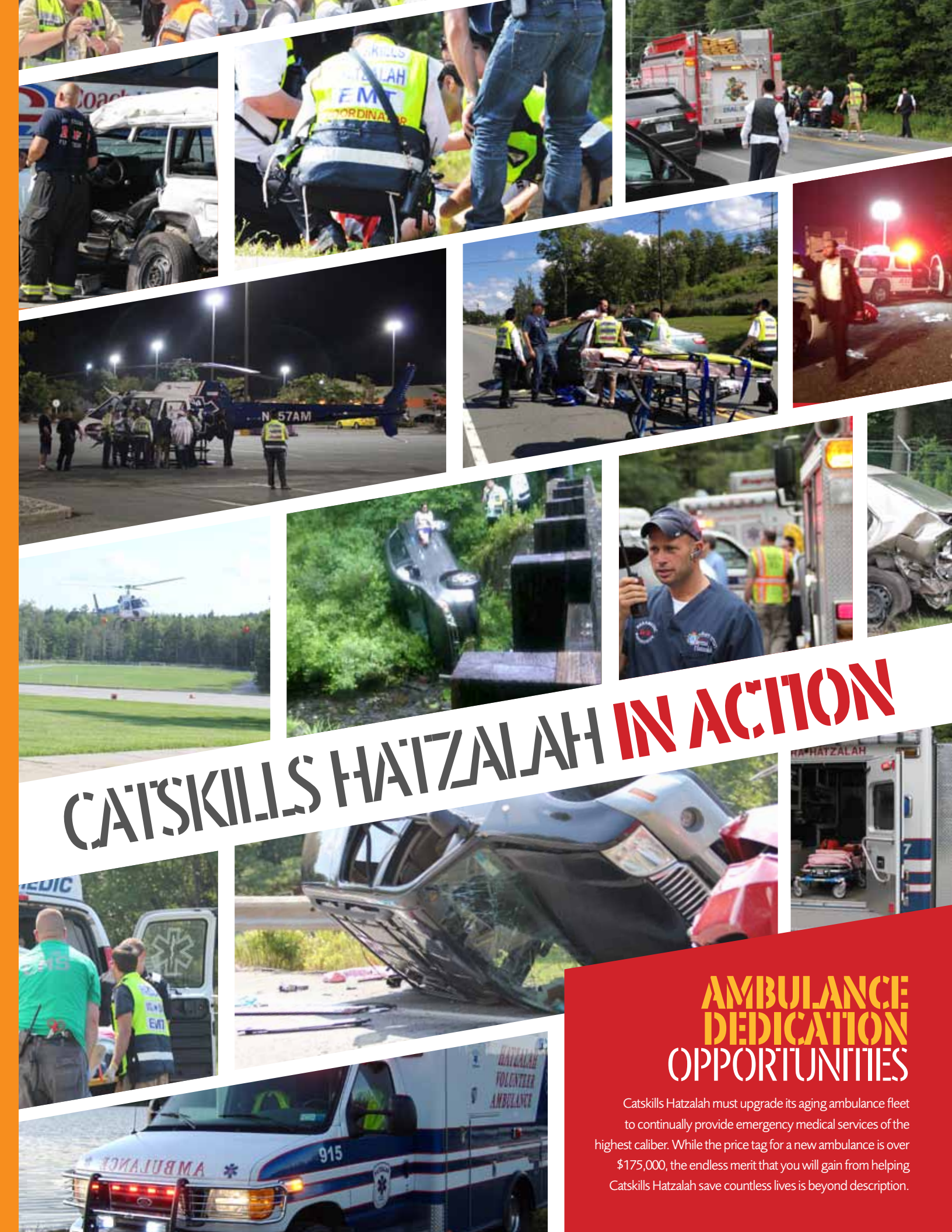
\$28,600

## Catskills Garage Overhead

- Brightly lit ambulance bays
- Emergency generators for 24/7 power
- Heated driveway for winter response
- Air conditioning & electric for administrative offices
- Fully-stocked emergency crisis center
- Radio dispatch & computer upgrades
- Equipment restocking area

\$2,??????





# CATSKILLS HATZALAH **IN ACTION**

## **AMBULANCE DEDICATION OPPORTUNITIES**

Catskills Hatzalah must upgrade its aging ambulance fleet to continually provide emergency medical services of the highest caliber. While the price tag for a new ambulance is over \$175,000, the endless merit that you will gain from helping Catskills Hatzalah save countless lives is beyond description.



COMPREHENSIVE LISTING OF

# Alternate Routes TO AND FROM The Mountains:

## From the Catskills

### If you are near Route 52:

Take Route 52 South until Route 84 East, 84 East until Exit 10 - 9W South. Take 9W South into the Palisades Parkway South. (might have some traffic in town of Newburgh).

### If you are near Route 42:

Take Route 42 South for 20 miles to 97 South until end. Take 6 East to 23 South for 45 miles until 80 East or until 46 East to Route 3 East to the Lincoln Tunnel (this road is a very winding road).

### From the 17 East:

Take Exit 121 to Route 84. You can either continue on 84 East until Exit 10 - 9W South, 9W South into the Palisades Parkway South (might have some traffic in town of Newburgh) or take 84 West to Exit 1, to 6 West to 23 South until 80 East or until 46 East to Route 3 East to the Lincoln Tunnel (this road is a very winding road) or take 17 East to Exit 125 to 17M East until the end to the Old 17 South until NJ 17 South.

## To the Catskills

### New Jersey 17:

To avoid the 3 West and NJ 17 merge delay, after coming out of the Lincoln Tunnel, stay on 495 to Route 3 West. Take 3 West to 120 North Moonachie. Take 120 North to 17 North. This will take you behind Giants Stadium.

To avoid the delays caused by the 2 lane merge on the NJ 17 North by National Wholesale Liquidators, take 80 West (local lanes) to exit 62 Garden State Parkway North. Take GSP to Exit 163 which is NJ 17 North. Right before the exit, there is an overpass where one can see the traffic on the NJ 17. If it is backed up, stay on the Garden State Parkway until the Thruway North. If it is not backed up, exit and take the NJ 17 North until the Thruway.

### From the Garden State Parkway:

If the New York Thruway North is backed up take the NY Thruway South to Exit 13 to the Palisades Parkway North to Route 6 to the NY 17.

### From the Lincoln or Holland Tunnel:

Take the NJ Turnpike to 80 West (local lanes) to Exit 62 Garden State Parkway North. Right before Exit 163, there is an overpass where one can see the traffic on the NJ 17. If it is backed up, stay on the Garden State Parkway until the Thruway North. If it is not backed up, exit and take the NJ 17 North until the Thruway.

## Staten Island to New Jersey

### Via the Goethals Bridge:

Take Bay Street exit all the way to the right of the toll plaza. Stay on Bay Street which becomes Richmond Terrace (same direction as to the Staten Island Ferry) • continue on Richmond Terrace to South Avenue, make a left on South Avenue until Goethals

North Road, make a right on Goethals North Road onto the bridge or • continue on Richmond Terrace until the end, make a left on Western Avenue under Goethals Bridge, come around and onto the bridge.

### Via the Bayonne Bridge:

Take Bay Street exit all the way to the right of the toll plaza. Stay on Bay Street which becomes Richmond Terrace (same direction as to the Staten Island Ferry). Continue on Richmond Terrace under Bayonne Bridge to Morning Star Road. Make a left. Go 4 blocks to Walker Street. Make a left onto Walker to Bayonne Bridge. Take Bayonne Bridge to the 169 North into the NJ Turnpike.

### Missed the Bay Street Exit?

Exit at Clove Rd. Make a right onto Clove Rd. Continue to Forest Avenue. Make a left onto Forest Avenue. • Follow "440" signs to Bayonne Bridge or continue on Forest Avenue to Staten Island Expressway, make a right at Staten Island Expressway, continue to Goethals Bridge.

## New Jersey to Staten Island

### From the Outerbridge Crossing:

- 1) Take Richmond Parkway until the end, to Richmond Avenue. Make a right onto Richmond Avenue until the end to Hylan Blvd. Make a left on Hylan Blvd. Continue until the Verrazano Bridge.
- 2) Immediately after Outerbridge Crossing, exit onto Page Avenue (this exit is 100 ft after toll plaza). Take Page Avenue to Hylan Blvd. Make a left on Hylan Blvd. Continue until the Verrazano Bridge.

### From the Goethals Bridge:


Exit at Forest Avenue. Make a left on Forest Avenue. Continue to Clove Rd. Make a right on Clove Rd. Continue over the Staten Island Expressway. Make a left and continue to the Verrazano Bridge.



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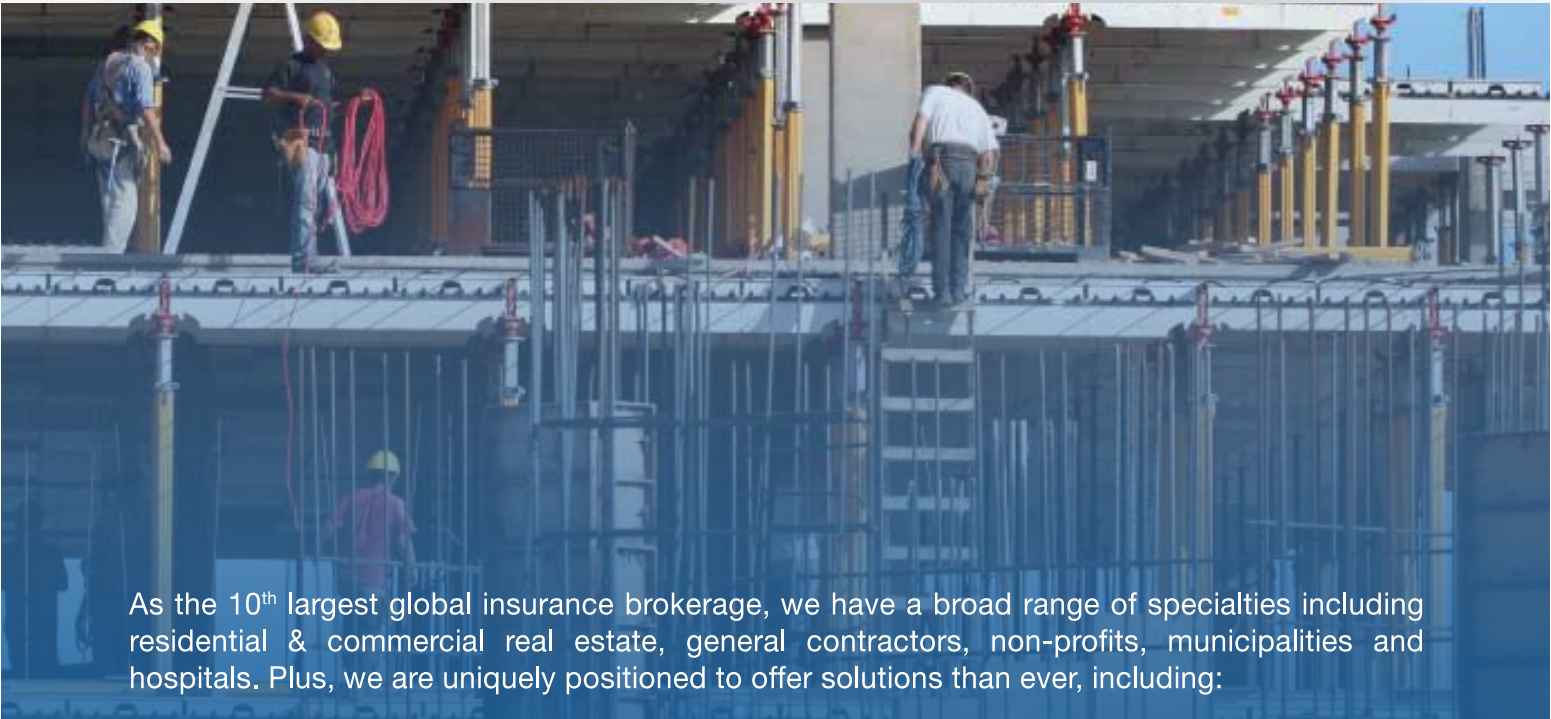
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[www.crmcny.org](http://www.crmcny.org)

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- New technology for diagnostic testing and advanced emergency care
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# 2

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**QHC Upstate Medical PC**

**19 Prince Street**  
Across The Post Office

**845-794-3547**

**HOURS : Daily 10:00am to 7:00pm**  
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- Parking Available -



**Swan Lake Office**

**QHC Upstate Medical PC**

**38 Old White Lake Turnpike**  
Right Next to Apple's and Rosenberg's Bungalow Colony  
Swan Lake NY 12783

**845-292-3544**

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# Special Thanks

A Note Of Appreciation To Ptex Group For Creating  
And Developing The Catskills Hatzalah 2013  
Summer Campaign Materials.

COPY: Abraham Bree  
DESIGN: Eliezer Weinberger  
COORDINATION: Mechy Fischbein



Toll Free: 1.888.977.PTEX  
Phone: 718.853.8666 • [www.ptexgroup.com](http://www.ptexgroup.com)

# EMERGENCY NUMBERS

CATSKILLS (718/212) 387-1750  
HATZALAH (718/212) 230-1000

POLICE/FIRE EMERGENCIES	911
SULLIVAN COUNTY STATE POLICE	845-292-6600
SULLIVAN COUNTY SHERIFF	845-794-7100
ULSTER COUNTY STATE POLICE	845-626-2800
ULSTER COUNTY SHERIFF	845-338-3640
ELLENVILLE POLICE	845-647-4422
FALLSBURG POLICE	845-434-4422
LIBERTY (VILLAGE) POLICE	845-292-4422
MONTICELLO POLICE	845-794-4422



## BIKE SAFETY TIPS

- **Don't get caught up in a bike's chain:** Always wear ankle clips, elastic bands, or tuck pants into shoes.
- **Be visible:** Wear bright-colored clothes by day and light-colored clothes at night.
- **Protect your head:** Always wear an approved helmet.
- **Avoid slip-on shoes:** They can easily fall off.
- **Obey all traffic signs and lights.**
- **Carefully look both ways before entering a street.**
- **Watch for car doors opening.**
- **Only one person at a time should ride a bike.**

## WHEN CALLING CATSKILLS HATZALAH IMPORTANT TIPS TO REMEMBER DURING AN EMERGENCY

- WHEN CALLING CATSKILLS HATZALAH, **CLEARLY STATE YOUR NAME, ADDRESS AND PHONE NUMBER**
- **DO NOT HANG UP THE TELEPHONE** UNTIL INSTRUCTED TO DO SO BY THE DISPATCHER
- WHEN A CALL OCCURS INSIDE A COLONY, **AN ADULT SHOULD BE SENT TO THE COLONY ENTRANCE** TO GUIDE RESPONDING MEMBERS
- WHEN AN EMERGENCY OCCURS AT NIGHT, THE ADULT GUIDE SHOULD **BRING A FLASHLIGHT TO THE COLONY ENTRANCE** – EVEN ON FRIDAY NIGHT

# IMPORTANT PHONE NUMBERS

## IMPORTANT WEBSITES

<a href="http://KOSHERTRAVELINFO.COM">KOSHERTRAVELINFO.COM</a>	FIND A MINYAN, KOSHER FOOD, LODGING ETC.
<a href="http://ROADINFORM.COM">ROADINFORM.COM</a>	CATSKILLS TRAFFIC UPDATES FOR BEST ROUTES TO AND FROM COUNTRY
<a href="http://YWN.COM">YWN.COM</a>	FIND/SHARE-A-RIDE PROGRAM (SERVICE OF YESHIVA WORLD NEWS)
<a href="http://CATSKILLSHATZALAH.ORG">CATSKILLSHATZALAH.ORG</a>	CATSKILLS HATZALAH INFORMATION/ON LINE CONTRIBUTIONS/DEDICATIONS
<a href="http://CHVAC.NET">CHVAC.NET</a>	DOWNLOAD GPS FOR CATSKILLS BUNGALOWS COLONIES, CAMPS AND HOTELS

## IMPORTANT PHONE NUMBERS

ZMANIM HOTLINE	718-331-TIME
MISASKIM	718-854-4548
POISON CONTROL	800-222-1222
ELECTRIC OUTAGES & EMERGENCIES	800-572-1131
KOL MEVASER (TRAFFIC REPORTS & ALERTS)	212-444-1100 #7
INTERNATIONAL CHESED HELPLINE	718-705-5000

## HOSPITALS

CATSKILL REGIONAL MEDICAL CENTER (HARRIS HOSPITAL)	845-794-3300
ELLENVILLE HOSPITAL	845-647-6400
HORTON ORANGE REGIONAL MEDICAL CENTER (MIDDLETOWN)	845-343-6161
WESTCHESTER MEDICAL CENTER (TRAUMA AND BURN CENTER)	914-493-7000
CATSKILL BIKUR CHOLIM (ELLENVILLE AND HARRIS HOSPITALS)	845-354-3233

## TRANSPORTATION

HEMISH CATSKILL'S LOCAL CAR SERVICE	845-807-3080
LADY DRIVERS-STEINBERGER'S CAR SERVICE UPSTATE	718-781-8909
HEMISH LONG DISTANT CAR SERVICE (TO AND FROM THE COUNTRY)	917-548-7814
SHIMMY'S LONG DISTANCE EXPRESS VAN (FAMILIES/PACKAGES)	917-642-2077
SUREWAY LIBERTY	845-292-8805
SUREWAY MONTICELLO	845-794-5050
SUREWAY FALLSBURG	845-434-6550
YELLOW CAB	845-794-7777

## EREV SHABBOS EMERGENCY ACCOMODATIONS (IF STUCK ON THE ROAD)

MONSEY-THRUWAY EXITS 14A/B	845-371-6333
NEW SQUARE-PALISADES PARKAY EXIT 11	845-354-0222
MONROE-RT 17, EXIT 130	845-783-9494/845-783-8688
MIDDLETOWN-RT 17, EXIT 120	845-343-7845
ROCK HILL-RT17, EXIT 109	845-434-7470

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At the direction of our Va'ad HaRabbonim,  
 every summer community, yeshiva, camp and kollel  
 must appoint a representative to conduct the Shabbos  
 Hatzalah Emergency Campaign appeal on Parshas Pinchas.

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 אייער הילף!**

הצלה דארף צוקומען צו אן אפיעל אין יעדע  
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 הצלה קומט צו אייער קעטסקיל סביבה ווי אימער איר זענט,  
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שבת קודש פרשת  
**מטו"מ**  
 כ"ח תמוז תשע"ג  
 JULY 6, 2013

**שבת הצלה**  
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**SHABBOS HATZALAH**  
 CATSKILLS CAMPAIGN 2013